

Kata educative project

Arigato!
Thank you!

Dear Friends/Judoka, in presenting the **Kata educative project** I used the word "arigato" which the Japanese have used during the closing ceremony of the XXXII Olympic Games in Tokyo 2020 (+1).

Professor Jigoro Kano (1860-1938), in 1921, regretted that the practice of judo was almost exclusively centered on *kogi* - public lectures - and *randori* - practice and study of combat - He hoped that kata and *mondo* - exchange between masters offering the opportunity for practitioners to deepen knowledge together - "would in the future become as well-known as *kogi* and *randori*".

It is exactly this approach that must remind us that the 'do' of 'judo' is the search for a principle.

A path merged in *kata*, of which the Kodokan and the IJF are the custodians.

A handwritten signature in blue ink, appearing to read 'Franco Capelletti'.

Franco Capelletti

IJF Kata Commission Chair, IJF 10th Dan